MPK RECREATION CONNECTION













Mother's Day Bouquet May 2 - May 6

Send a beautiful arrangement of fresh flowers to your loved one to show how much you appreciate them. Whether it's your mom, relative or friend, this is a great gift to show them how important they are to you. This bouquet includes fresh flowers in a beautiful, decorative vase delivered right to their door.

(Delivery to Monterey Park only)

TIME: CITY WILL SCHEDULE TIME SLOTS FOR EACH PARTICIPANT
LOCATION: GARVEY RANCH PARK, 781 S. ORANGE AVE
FOR MORE DETAILS OR TO REGISTER VISIT:
www.MontereyPark.ca.goviHomerun (Space is limited)
-Participants are divided into two age divisions: 12U and 14U
-Each participant must provide their own helmet and bat
-Parenta/guardians should be ready and able to show proof of participant
age (copy/picture of birth certificate, etc.)

Receation & Community Services Department
5015/37/3355 Seronalion/generolevases to anov





Summer is Coming! Visit our website or follow us on Facebook or Instagram for news updates!

www.montereypark.ca.gov/recreation @MontereyParkRec





The City of Monterey Park Recreation and Community Services Department is reinstating in-person activities. Registration is now open online, by phone or in-person. For more info. visit our website www.monterevpark.ca.gov/recreation

CLASSES & PROGRAMS

Shotokan Karate Do (Monthly)

Shotokan Karate-Do will help students develop mobility, balance, awareness, reflexes, timing, and discipline. Promotional rankings are available. Friday class is optional. Students must verify holiday make ups with instructor. Ages 6+ years.

Instructor: Richard Kageyama

George Elder Park - Community Center

MWF Beginner 6:30pm - 7:45pm \$37.00 Adults \$35.00 Kids MWF Advanced 8:00pm - 9:00pm \$37.00 Adults \$35.00 Kids

LoveSetMatch Tennis Classes

Beginner and Intermediate tennis classes for students of all ages. Find tennis friends and improve on the fundamentals of tennis in a fun, safe environment with one of the top Tennis coaches in Los Angeles Classes are taught by USTA Trained Instructor.

Instructor: Phillip Kim

Bring 1 can of New Tennis Balls to 1st Class

LoveSetMatch Tennis Juniors (5-11yrs All Levels)

George Elder Park - Tennis Courts

Students will learn the basics of the game of tennis, develop hand-eye coordination, play STEM learning games, learn footwork, racquet skills, and ball awareness skills. Tennis skills include forehand, backhand, serves, and return of serves. Bring 1 can of New Tennis Balls to 1st Class.

(No Class on 5/21)

6 weeks: May 7 - June 18 Sat 9:00am - 10:00am Cost \$268

LoveSetMatch Tennis Teens (12-17yrs All Levels) George Elder Park - Tennis Courts

Students will learn the basics of the game of tennis, develop hand-eye coordination, play STEM learning games, learn footwork, racquet skills, and ball awareness skills. Tennis skills include forehand, backhand, serves, and return of serves. Bring 1 can of New Tennis Balls to 1st Class.

(No Class on 5/21)

6 weeks: May 7 - June 18 Sat 10:00am - 11:00am Cost \$268

LoveSetMatch Tennis Adults (Beginner & Intermediate) George Elder Park - Tennis Courts

Players will learn & improve on the basics of the game of tennis, develop hand-eye coordination, learn footwork, racquet skills, and ball awareness skills. Tennis skills include forehand, backhand, serves, and return of serves. Bring 1 can of New Tennis Balls to 1st Class. (No Class on 5/21)

6 weeks: May 7 - June 18 Cost \$268 Sat 11:00am - 12:00pm

LoveSetMatch Tennis Adults (Intermediate) George Elder Park - Tennis Courts

Players will improve in match play skills with an emphasis on footwork, improving strokes, adding consistency and accuracy to their game all while having fitness fun with friends. Bring 1 can of New Tennis Balls to 1st Class

(No Class on 5/21)

6 weeks: May 7 - June 18 Wed 6:30pm - 7:30pm Cost \$268

Chen's Tai Chi

Help calm the mind and relax the body which is becoming survival skills in today's hectic and stress-filled world. Students must verify holiday make-ups with instructor. (No Class on 5/21)

Instructor: Nelson Ong, Barnes Park Amphitheater

6 weeks: May 8 - June 19 Sun 9:30am - 11:00am Cost \$120

Chi Gong - Chinese Yoga Taoist Nei Gong Exercise

Express Physically with the mind and heart feel to be eternal truth. Energy balance through the mental, emotional and spiritual principles. (No Class on 5/21

Instructor: Nelson Ong, Barnes Park Amphitheater

6 weeks: May 7 - June 18 Sat 9:30am - 11:00am Cost \$120

Chi Gong - Energy Enhancement Exercise

The sequence movements improving your coordination, strength, flexibility and stamina. Students must verify holiday make ups with instructor.

(No Class on 5/20 & 5/27)

Instructor: Nelson Ong, Barnes Park Amphitheater 6 weeks: May 6 - June 24 Fri 9:30am - 11:00am Cost \$120

LANGLEY CENTER **OPEN MON-FRI 8AM-5PM** STARTING MAY 7TH - SAT 8AM-12PM

WELCOME BACK! DROP-IN ACTIVITIES FOR BILLIARDS, PING PONG, KARAOKE, FITNESS & **CARDIO ROOM!**

FOR MORE INFO, CALL 626-307-1395 400 W. EMERSON AVE. MONTEREY PARK

SENIOR PROGRAMS

Senior Lunch Program

Langley Center is delivering weekly curbside meals on Wednesday for city residents only.

- Must be a resident and 60+ years or individual with permanent or temporary disability.
- Completed lunch intake application form.
- Lunches will consist of 2 boxed lunches and 3 frozen meals distributed weekly on Wednesday from 11:00 am - 2:00pm.
- Reservations are required.

Dial-A-Ride Transit Services

Dial-A-Ride services will remain available with the following modifications to ensure public safety: rides will only be provided for essential trips to medical facilities, grocery stores or local pharmacies. In addition, the City's supplemental low-cost Dial-A-Taxi service is available 24hours, 7 days a week.

Call Langley Center 626-307-1395 for more information on any

Senior Services or programs.

